

Daily Word



A UNITY PUBLICATION
MAY 1997

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.



PRAYER FOR ILLUMINATION (11 a.m.): The Christ light clears my inner vision, and I behold the good omnipotent.



PRAYER FOR PROSPERITY (12 noon): The Christ substance supplies my every need, and I behold prosperity now manifest.



PRAYER FOR HEALING (9 p.m.): The Christ life cleanses my mind and body, and I see myself made well and strong.

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DAILY WORD

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When You Ask Us to Pray

SILENT UNITY



WHEN we pray for you, we pray in the name of Jesus Christ. When we write to you, we write to you under the name of Silent Unity.

When you ask us to pray for your healing, we picture you in our mind's eye as you are in Spirit. We see you vital, strong, free, alive, quickened, and healed. We think of you as standing with your head erect, your back straight, your arms and legs free-swinging, your eyes shining and clear-sighted, your ears alert, your whole being radiant with good health. And this is the way we think of those persons whose healing needs you make known to Silent Unity.

When you ask us to pray for your prosperity, we realize that with God there is no lack, that His love is bountiful! We feel that even as we pray together you are quickened with good, sound productive ideas; you are guided to take the outer steps that are necessary to your prosperity. We know that there is a Spirit in you that directs

you into paths of peace and ways of plenty.

When you ask us to pray for understanding, love, or companionship, we see you infolded in God's love. This love makes you a magnet for the good friends and companions you desire. This love expresses itself through you and toward you, and you are never lonely.

When you ask us to pray that justice be established, we are conscious of the one presence and the one power in your life, God, the good. We know that you can never be separated from that which is your own. We know that you cannot escape the good that is your divine heritage. We know that because you are established in this thought of justice, nothing can in any wise stand between you and your good.

When you ask us to pray for weather conditions, we give thanks that this is God's good world, functioning in order and with blessings for all. We give thanks for perfect weather—rain where it is needed, sunshine where it can be a blessing, harmony in the elements, and protection where it is sought.

When you ask for prayers for our country's leaders, for those in high places, we know with you that the government is upon God's shoulders and that all is in accord with His good will.

When you ask for prayers for peace for the

world, we realize with you that all men are one in God, that all of His children abide under the shadow of the Almighty, that His "is the kingdom, and the power, and the glory, for ever."

When you ask us to pray for those dear to you or for your friends and acquaintances, we unite with you in prayer. We know that whether or not these loved ones know of our prayers, they can be blessed, for it is from the Christ within us that we speak to the Christ within them. Not in words do we speak, but spirit with spirit communes.

When you ask us to pray with you, your letter or telegram or telephone call receives our loving attention, for you are a very special person, a friend, one with whom we share a faith. We are never sorry for you. Rather, we feel compassion and understanding. For how could we possibly feel sorry for someone who has turned to God in faith! We are never "hopeful" for your good; rather we are certain that "with God all things are possible." We trust Him implicitly to bless and care for you and your needs. We know of the wonders worked through faith and the infinite possibility for good that the Father promises His children.

When you ask us to pray with you, you are our friend, we are your friends. We may never know

each other by sight, but we know the heart of one another, we know the faith of one another. We are richer because our thoughts have met, our spirits have touched. In faith, in love, in prayer we know each other as children of God.

When you ask us to pray with you, whoever you are, wherever you are, know that in the heart of Silent Unity you are held dear and that in the heart of God you abide.

AN INVITATION

FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or by telephone, BAaltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

Right Now!

MARY L. KUPFERLE

HAVE YOU been looking ahead with longing to the good you hope to see made manifest next week, or next month, or next year? "Now is the acceptable time," right now your good is here! Right now new life is streaming through your being! Right now peace permeates and penetrates all the details of your life!

Tell yourself a hundred times this day, "Right now my good is here." Remind yourself again and again, "Right now God is with me. Right now God is helping me. Right now God is leading and directing me." At this very moment, right now, as you read and pray and persist in trusting, every question is answered, every difficulty overcome, every burden lifted.

Do not put off your acceptance of the good that God has prepared for you, for it is prepared, right now, for your taking. Do not postpone the manifestation of your faith, courage, love, peace, life, for they exist in the fullness of their original

creation within you, right now.

Regardless of how long you have prayed, how far-off your good appears to be, God never delays an answer to prayer, never withholds His good from His children. What He offers to you is offered to you momentarily—right now. Let no thought of limitation enter your mind and heart, but determine joyously, freely, confidently that right now your good is at hand.

As you drive to work, as you sit in the silence of your room, as you type or handle business correspondence, or as you serve others, hold joyously to the thought, "Right now God is here. Right now everything is harmonious. Right now every effort prospers." Whatever the desire in your heart, right now is the time of fulfillment.

Not in an attitude of impatience or forcing or striving but in a completely joyous, simple, child-like manner accept "now" as the time. Now is God's only time, the only time in existence. Affirm right now, decree right now, think right now, speak right now, act right now according to the pattern of perfection you desire to see made manifest.

Come into the awareness of your goodly inheritance right now. The promise is "*All* things are now ready." All good is fully prepared, and only awaits your acceptance.

Take a long, slow, deep breath and turn from all appearances of limitation that have confronted you in the past or that threaten to confront you in the future. Quietly, firmly, thankfully affirm, "Right now I have all the faith I need or ever could desire. Right now I am renewed, vitalized and healed. Right now I am wise, strong, true, and perfect. Right now I live in the kingdom of God. Right now it opens its storehouse of treasures to me. Right now it is so."

Change every thought of the good "to be" to a firm declaration, "It now is!" Live in this moment, for this moment, by this moment, with this moment, which is right now. As you do so you will behold the present goodness of it, the blessing of it, which you had thought belonged to the future.

Right now is the time to be happy, right now is the time to acknowledge God's presence, right now is the moment to give thanks, right now is the time to have faith, right now is the day of overcoming, of victory, of fulfillment. Right now you are God's child, created in His image, manifesting His perfection. Right now you possess the kingdom of all-good, including all the abundance of His goodness and delight. Right now you can be aware of this. Right now you can accept the truth of it.



The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From Florida:

I have not missed reading the daily lesson since I received "by accident" a copy in October 1955 about six weeks after my husband died. It was the November issue and the first lesson was "Be still, and know that I am God." It was most thrilling to me, for I had heard that statement made in a loud voice in the night just previous. So I attended a Unity meeting the next Sunday. The next day

I received a check for a thousand dollars from my brother, whom I had not heard from for years.

The above change of address is a new job received from a member of Unity (I did not know until yesterday that she belongs to Unity nor does she know I do). One is guided in such a wonderful manner when listening to the voice from within.

Thank you for all your good work and especially for the "mistake" that sent me DAILY WORD.

From Wisconsin:

In the past we have had much illness in our family. Now, thanks to Unity teachings, we have embraced the "idea of health," and it is truly a wonderful way to live.

This idea of health is so simple and so amazing at the same time. I speak of it to many who have health problems. If only everyone could accept the idea, what a tremendous surge of energy would be released on the earth!

I read DAILY WORD at breakfast to my youngsters and we no longer start the day off as though we were shot from cannons. Now we quietly and serenely ready ourselves for the day of school and work. And our health has become perfect. It is like a new life for all of us.

From California:

This letter has been formulating in my mind for almost a year. I have been slow in writing my gratitude but very vocal in expressing it to all my friends.

In February, when my husband was suddenly stricken with a bowel obstruction and hospitalized for six weeks, one of my friends had you send us DAILY WORD and pray for his recovery.

For many years I have heard of Unity and admired those who witnessed for it, but we were too busy being church members to bother to learn of it. Then when trouble "sat on our doorstep" one of our friends bothered enough to send our names for special prayers and to invest \$1.00 for a subscription to DAILY WORD in order that we might discover Unity for our own needs. Many times my husband and I have said aloud, after reading the message for the day, "This seems to have been written just for us."

From Nebraska:

I used to wake up tired and dreading to drag out of bed in the mornings, bored with the thoughts of another monotonous day. Now I am anxious to read my DAILY WORD and find out what new thought I am to think of during the day.

Wednesday

MAY 1

THE SPIRIT OF JESUS CHRIST IS NOW MIGHTILY AT WORK ESTABLISHING HIS OWN CONSCIOUSNESS OF LOVE AND PEACE IN THE MINDS AND HEARTS OF ALL MEN EVERYWHERE.

ALTHOUGH according to appearances the world situation may seem not to be improving, do not be discouraged, for the harmonious Spirit of Christ is mightily at work on the invisible side of what appears.

In the beginning when God created every living soul, He breathed His own Spirit of love and peace and harmony into each one. This indwelling spark of divinity cannot be extinguished. Even in the minds and hearts of those who seem enemies of the human race, this indwelling spark of divinity is degree by degree burning away every bit of selfishness and hate.

The indwelling Spirit of Christ is potentially in control of every man and will one day have His perfect and beautiful way with us all. With each passing moment His Spirit of peace unfolds nearer and nearer to the surface of our being.

♣ *They shall beat their swords into plowshares.—ISA. 2:4.*

MAY 2

Thursday

I PLACE MYSELF, MY AFFAIRS, AND ALL THAT CONCERNS ME IN GOD'S CARE AND KEEPING.

EACH DAY I place myself, my affairs, and all that concerns me in God's care and keeping. I have faith that it is God's good will that I improve and grow, that I live joyously, happily, and productively. I live by faith. I go forth each day faith-filled, poised, serene, and confident.

I need not strive or strain for life's blessings. I need not know in advance or in detail how my good will come to me. I need only to have implicit faith that when I give God full charge over my life, He works in me, for me, and through me to bring me that which will contribute to my well-being.

Each day I will give God full charge over my life. I will say to God, "Here is my life, here are my affairs, Yours to motivate and direct, Yours to transform and perfect."

I rejoice that my life and my affairs are in God's care and keeping.

*Commit thy way unto Jehovah;
Trust also in him, and he will bring it to pass.*
—PSALMS 37:5.

Friday

MAY 3

I TRANSCEND MYSELF AND ALL MY AFFAIRS,
FOR I AM SPIRIT.

SOMETIMES our prayers are more mental than spiritual. We try to change some situation or to control some situation through the power of our will or through the power of our thought. But true prayer goes beyond will power, it goes beyond thought, it lifts us above our problems.

As you pray, release the situation or circumstances that you have been giving your attention and thought to. Say to yourself, "I transcend myself and all my affairs, for I am Spirit." Think of yourself as a spiritual being, centered in God, filled with His light, life, love, and power.

You have within you untapped spiritual resources; you have within you unused spiritual powers; you have within you unexplored realms of being. When you lift your consciousness through prayer you quicken the spiritual self of you; you lay hold of and call into expression spiritual qualities and powers that transcend your human understanding.

♣ *Ye shall receive power, when the Holy Spirit is come upon you.—ACTS 1:8.*

MAY 4

Saturday

"HIS PRAISE SHALL CONTINUALLY BE IN MY MOUTH."

TODAY I will watch my speech. With God's help I will say only those things that will bring happiness and encouragement to others.

With God's help I will keep my speech seasoned with optimism and kindness. If I am in doubt as to whether or not my words will be received in the proper spirit, I will remain silent and pray about the matter until I am sure that what I say will in no way antagonize, hurt, or offend.

If the fires of anger or impatience tempt me to speak my mind, I will put a seal on my lips until the irritation has passed. Then, when I am calm about the situation, if it still seems important, I will say what has to be said, and no one will be hurt.

I will live this day in a spirit of praise and thanksgiving. God's praise shall be continually in my mouth.

*I will bless Jehovah at all times:
His praise shall continually be in my mouth.*

—PSALMS 34:1.

Sunday

MAY 5

I SEEK GOD WITH ALL MY HEART AND WITH
ALL MY SOUL.

I ATTUNE myself to God; I seek Him with all my heart, with all my soul. I know that as I seek to unify myself with God's perfect law, all my affairs, all that concerns me will be adjusted and made right. I recognize God as the one presence and the one power in my life. I trust God in all things, so there is never any need for me to fret or to be disturbed about conditions or circumstances in my life.

Regardless of appearances, I keep my thoughts centered in God. I keep my mind open to new ideas. I give thanks that God is with me to guide me in all my efforts and to harmonize my world. I bless every person whose life touches mine. I have faith that all things are working together for good and that nothing can fail to respond to the power of prayer.

I seek God with all my heart and with all my soul, and infinite goodness comes forth in my life.

♣ *But from thence ye shall seek Jehovah thy God, and thou shalt find him, when thou searchest after him with all thy heart and with all thy soul.—DEUT. 4:29.*

MAY 6

Monday

I PRONOUNCE THIS DAY AND ALL ITS ACTIVITIES GOOD.

GOD HAS given us the power and authority to name or decree the nature of every experience that comes to us. Circumstances, experiences, and all outer conditions are shaped by our words, our thoughts, and our attitudes. Through Christ, the Spirit of God in us, we can emerge the victors in every experience; we can derive good from every situation, no matter how unfavorable it may appear on the surface.

Today I will use my power to bring forth good in my life. I will begin this day in an attitude of expectancy of the good; I will keep my mind filled with thoughts of success and accomplishment; and I will speak these powerful words often: "I pronounce this day and all its activities good."

If I have a particularly challenging problem or situation to meet, I will declare: "In the name and through the power of Jesus Christ, I pronounce this experience good."

✦ *Thou shalt also decree a thing, and it shall be established unto thee; and light shall shine upon thy ways.—JOB 22:28.*

Tuesday

MAY 7

I GIVE WITHOUT THOUGHT OF RETURN; I
SERVE WITHOUT THOUGHT OF REWARD; I
LOVE WITHOUT THOUGHT OF POSSESSING OR
BINDING.

TO GIVE is blessed, to serve is blessed, to love is blessed. But if we give and serve and love for selfish reasons, we may find ourselves unhappy because the return, the reward, the response are not what we expected.

To experience the joy of giving is to give from our hearts, freely, willingly, without thought of return. To experience the joy of serving is to serve without thought of reward, to serve ungrudgingly, to serve because we want to give expression to the loving Spirit of Christ in us. To experience the joy of loving is to love without possessing or binding, to love others for what they are, not for what we expect of them.

We truly express the Christ in us when we give without thought of return, when we serve without thought of reward, when we love without thought of binding or possessing.

♣ *Verily I say unto you, Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me.*—MATT. 25:40.

MAY 8

Wednesday

MY HEART IS FILLED WITH LOVE AND MY
BODY GLOWS WITH HEALTH AND STRENGTH.

A HEART filled with love is a harmonious heart, an uplifted heart, a strong heart. A heart filled with love is a heart at peace. A heart filled with love is a heart capable of joy and fulfillment. A heart filled with love is a heart that serves God's purpose of vitality, health, and strength in the body.

I would fill my heart with love in order that it might be harmonious and uplifted, strong and at peace. I would fill my heart with love in order that love might overflow into my body and bring strength and vitality into every nerve and cell, every fiber and muscle. I would have a body that glows with health and strength.

I dwell on the great love God has for me and for all His children. I invite the love of God to enter my heart and take possession of it. I pray that my heart may be filled with love and that my body may be alive with health and strength.

*God is the strength of my heart and my portion for
ever . . .*

I have made the Lord Jehovah my refuge.

—PSALMS 73:26, 28.

Thursday

MAY 9

I AM STRENGTHENED WITH POWER THROUGH
CHRIST IN ME.

YOU CAN have self-confidence, peace of mind, and inner strength. You can be the person you long to be and do the things you long to do. You need only to reach past your doubt to the loving presence of Christ at the heart of your being.

You may have felt alone; you may have been unaware that Christ is an overcoming, glorious, triumphant presence within you. Now as you turn to Him and acknowledge His presence you will feel His nearness, His loving response. You will gain the realization that you are never apart from His love and care. You will gain the assurance that through His help and strength, His inspiration and guidance the way to victorious living is within your reach.

Christ is indwelling; He is always with you. In the light of His presence your doubts and fears are dispelled. Through Him you live in peace and joy.

✦ *That ye may be strengthened with power through his Spirit in the inward man; that Christ may dwell in your hearts through faith.—EPH. 3:16, 17.*

MAY 10

Friday

I DO NOT DOUBT THE JUSTICE AND THE
GOODNESS OF GOD.

IN SITUATIONS that appear to be unjust, I keep my faith in the justice and the goodness of God. I know that surface appearances do not reveal the underlying truth; I know that apparent injustice cannot be lasting, has no reality.

I do not let my mind dwell on thoughts of injustice. I let go of any feeling of unforgiveness or bitterness because of some past happening. I fill my mind with thoughts of the goodness of God. I remind myself that I am His beloved child, that I am important to Him, that my good is established forever in Him.

I do not doubt the justice and the goodness of God, and so I look at the lives of other persons and know that even the things that seem difficult to understand will be made right. I know that God loves all His children and that each one will, in his own way, find the good and the blessing that is his right and divine heritage.

I have faith that in everything God works for good.

♣ *We know that in everything God works for good.*
—ROM. 8:28 (R.S.V.).

Saturday

MAY 11

THANKS BE TO GOD, WHO GIVES ME THE VICTORY THROUGH CHRIST, MY INDWELLING LORD.

THE same Spirit that was in Jesus is in me, and through this Spirit of Christ in me I am able to master every situation in my life. Nothing is impossible to the Spirit of Christ in me; therefore, nothing is impossible to me as I keep my faith steadfastly centered in His guiding wisdom and empowering strength.

The healing energies of this divine Physician within me are at my instant disposal the moment I turn and acknowledge His presence. The wise counsel of this indwelling omniscience concerning every turn in the road gives me unfailing guidance as I listen for the "still, small voice."

When in prayer I turn my thought within toward this all-conquering Spirit of Christ, peace, joy, clear thinking, strength, courage, and the ability to succeed become mine.

Through the Spirit of Christ in me I overcome every weakness and surmount every obstacle; through Him I am victorious.

♣ *Thanks be unto God, who always leadeth us in triumph in Christ.*—II COR. 2:14.

MAY 12

Sunday

I PRAISE MY MIND, BODY, AND AFFAIRS. I
PRAISE EVERYTHING AND EVERYONE.

ALL GOD's creation, everything and everyone, responds to praise. How wonderful is the transforming power of praise! How wonderful is the realization that what we praise we increase.

Each day I praise God for blessings already received. I praise my mind, body, and affairs.

I praise my body temple. I praise its every function. I praise its strength, beauty, efficiency, and perfection. I praise the wellspring of eternal life within me.

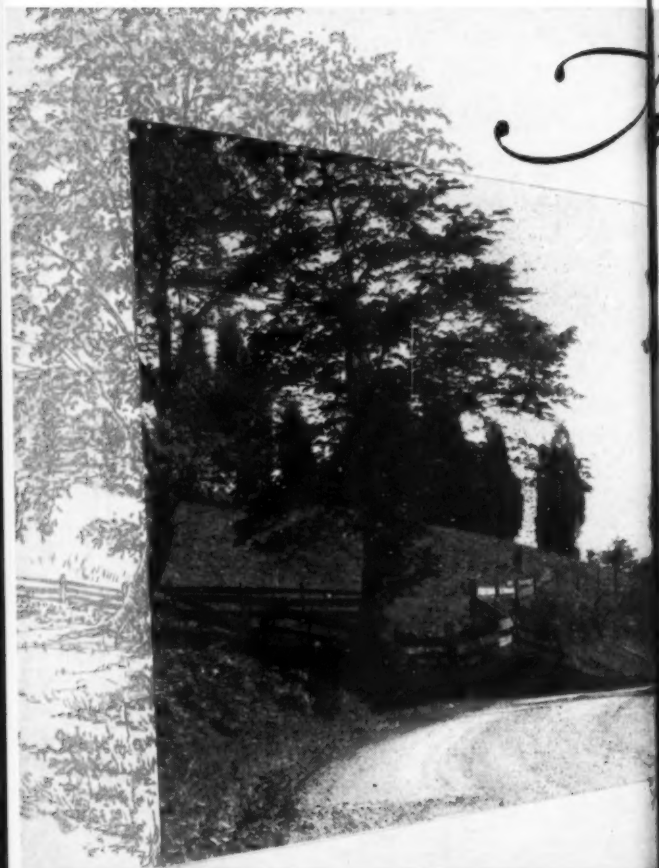
I praise my mind. I praise its intelligence and creativeness, its powers of insight, good judgment, and understanding. I praise its receptivity to God and Truth.

I praise my affairs and my work. I praise discord into harmony, lack into abundance, failure into success.

I praise all God's creation, everything and everyone.

*Let the peoples praise thee, O God . . .
The earth hath yielded its increase.*

—PSALMS 67:5, 6.



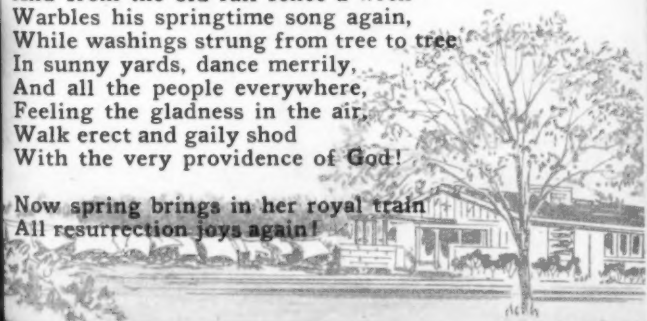
Now Spring

ELEANOR HALBROOK ZIMMERMAN

Now spring has gently lifted up
To all the earth her brimming cup,
The willows wear a froth of green,
And in the meadows stars are seen
Of dandelions that shine forth
As bravely sure of their own worth
In the greening meadow's grass
As any orchid under glass!

The skies take on an azure hue,
The blue jay wears a bluer blue,
And from the old rail fence a wren
Warbles his springtime song again,
While washings strung from tree to tree
In sunny yards, dance merrily,
And all the people everywhere,
Feeling the gladness in the air,
Walk erect and gaily shod
With the very providence of God!

Now spring brings in her royal train
All resurrection joys again!



Monday

MAY 13

I AM STRONG IN THE KNOWLEDGE THAT GOD IS WITH ME. I WORK EASILY, JOYOUSLY, LOVINGLY, AND TIRELESSLY.

EACH task becomes a joy to me today because I know that I never work alone. God works with me. When the job seems too big, or the work seems too hard, I stop and know, "No job is too big for God. No work is too hard." And I accomplish that which is before me easily, without strain.

In the knowledge that God is ever-present I am joyous, happy, and free; I go about my work with a song in my heart.

I work lovingly, for I know that through love I give expression to my highest self. I love the work I do, and I love all those with whom I come in contact as I perform my daily tasks.

I work tirelessly, for when I make God my partner, no job is too hard, no work can tire me. I am one with all strength when I recognize my oneness with God.

✦ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint.*
—ISA. 40:31.

MAY 14

Tuesday

PATIENTLY I AWAIT THE GOOD FOR WHICH
I PRAY, FOR I KNOW THAT I SHALL REAP THE
GOOD I HAVE SOWN.

IT TAKES patience to plant a tree, to wait for it to send down roots, to take on substance, to grow from a small shoot into maturity. It takes patience to wait for the fruit, a patience born of the faith that the fruit will surely come forth.

The man who plants a tree is following a plan, obeying a law that provides for a small seed to fulfill itself in a tree that brings forth fruit according to its kind. His patience waits for the law to prove itself, and he is rewarded with the fruit.

It takes patience to pray a prayer, to wait for it to send down roots, to take on the substance of our thought and feeling. It takes patience to let this prayer grow into the positive assurance of the good we seek.

We who pray a prayer are also obeying a law of fulfillment. Our patience waits for the law to prove itself, and we are rewarded with the fruit of answered prayer.

♣ *Having heard the word, hold it fast, and bring forth fruit with patience.*—LUKE 8:15.

Wednesday

MAY 15

THE SPIRIT OF THE LORD IS UPON ME. I HAVE FAITH IN HIS POWER TO HEAL AND TO BLESS.

ALL OF us have healing power, if we only but realize it and use it. This healing power is the power of our prayers. When someone near and dear to us needs healing, let us use the power for good, the power for healing that is in us. Let us pray with understanding and with faith for healing.

When we pray with understanding and with faith, our prayers not only help the one for whom we pray, but they help us as well. The way to pray with understanding and faith for another is to affirm words of life and truth for him. Let us remember that it is not we who do the work, but the Father abiding in us. As we lift up our hearts and minds to Him, as we realize that His Spirit is in our dear one also, we make contact with Spirit, and a healing force is laid hold of.

Never hesitate to use your power for good, never feel that you cannot help another through prayer. God works through you to bless as you let yourself be a channel.

♣ *The Spirit of the Lord Jehovah is upon me.*—ISA. 61:1.

MAY 16

Thursday

I BEGIN ANEW THIS DAY.

THIS is a new day and in this day I begin all things anew. I see my usual activities in a new light. I seek God's guidance in finding new and better ways to accomplish what lies before me. I am inspired and refreshed, and tasks I have performed many times before take on new and deeper meaning as I realize that I do them to the glory of God.

Without regret I leave behind me the experiences of the past and turn toward the new and productive ones the Father has set before me. My trust is in Him, and I know that He leads me into ways that are filled with blessings, into ways that lead me to my highest good.

I seek and find newness in all things. As my mind becomes filled with new, constructive ideas, my mode of living takes on freshness and my body is renewed. I break through the shell of old, negative beliefs, and I am lifted into a higher spiritual consciousness than ever before. I retain this sense of newness, and each day brings fresh blessings.

♣ *He hath put a new song in my mouth, even praise unto our God.—PSALMS 40:3.*

Friday

MAY 17

MY HEART IS UNAFRAID. I LIVE IN GOD'S
GOODNESS AND LOVE.

WHEN I remember that this is my Father's world I realize that there is nothing in all the world to fear. The earth is the Lord's. He lives and moves and has being in and through all.

God is love. All people and all things are part of God. One part of God, who is all love, cannot cause me, another part of God, to be afraid. What then is there for me to fear? Nothing.

The earth is filled with the goodness and riches of the Father. I live and move and have my being in the presence of His good, His love. Lack of any good thing is but a dream of separation from the Father's love. I awake to the realization that His love surrounds me. I fear no lack.

His loving words speak to my heart and still my fears. Comfortingly He says: "Let not your heart be troubled, neither let it be afraid." His peace enters in and I lovingly respond to His in-folding love. I am no longer afraid. I know that I live in His goodness and love.

♣ *Let not your heart be troubled, neither let it be fearful.*—JOHN 14:27.

MAY 18

Saturday

I ACKNOWLEDGE GOD AS THE SOURCE OF
ALL MY GOOD AND BLESS THE CHANNELS
THROUGH WHICH IT COMES TO ME.

As I consider the good in my life my heart is grateful to God. No matter what form my good may take or how it comes to me, I know that it comes to me originally from God.

As I consider the good I desire to bring into my life, I know that there is only one source from which it can come. All good must come from God. So, when there is some good I need or desire I turn confidently to God and ask that it be given me. Then I give thanks simply and sincerely and know that God will choose the channels through which this good can come into my life. I do not question God's choice of channels, for I know that while I may know of only one way for my good to come, God has infinite channels through which His good finds its way to me.

I acknowledge God as the source of all my good and bless the channels through which it comes to me.

*My soul, wait thou in silence for God only;
For my expectation is from him.*

—PSALMS 62:5.

Sunday

MAY 19

I AM CAPABLE OF MEETING EVERY SITUATION
IN MY LIFE SUCCESSFULLY.

WE OFTEN have to meet situations or circumstances before which we feel inadequate, uncertain, or even frightened. At such times we need to remind ourselves that we have at our command a power that makes us capable of meeting every situation successfully. This power is the power of God, with which we are all endowed.

When we call on the power of God in us, our confidence returns, our faith is strengthened, and the problem that seemed threatening begins to lose its dominion over us. New strength, new life, new purpose, and new enthusiasm lift us up as we realize that we are not alone, that the power and the wisdom of God are with us to strengthen and guide us.

No matter what task I have before me today, I will begin it with the realization that through the power of God in me I am capable of meeting it successfully. I will remind myself that "I can do all things in him that strengtheneth me."

♣ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

MAY 20

Monday

GOD IS MY SUPPLY AND SUPPORT, AND I TRUST HIM TO OPEN THE WAY TO MY PROSPERITY.

DO YOU believe with your whole heart and mind that God is your supply and your support, that His abundant good flows to you and through you from every direction?

You can cultivate the habit of thinking about abundance everywhere. You can open the door of your mind to God's supply, regardless of how limited your finances may appear to be. As you go about your day's activities, say to yourself, "God is my supply and my support, and I trust Him to open my way to my prosperity."

As you keep faith and diligently persevere in prayer, tension and strain concerning your finances will leave you. New ideas of prosperity will fill your mind. You will think of yourself as a child of God, heir to His limitless riches.

As you affirm and reaffirm that God is your supply and support and give thanks to Him, prosperity and success will be yours.

✦ *And my God shall supply every need of yours according to his riches in glory in Christ Jesus.—PHIL. 4:19.*

Tuesday

MAY 21

I THINK OF MYSELF NOW AND FOREVERMORE
AS A SPIRITUAL BEING, MADE IN THE IMAGE
AND LIKENESS OF GOD.

I AM a child of God. I do not have my beginnings with my earthly parents, but the roots of my being are deeply implanted in the Divine, and I am an eternal expression of Him. My human parents were channels through which I gained entrance into the world, but God Himself created the seed from which I have sprung into being, and within this seed (my soul) He has engraved His own image of perfection.

Even as the image of the flower resides within the seed, so does the Spirit of Christ perfection abide in me, and all His unlimited wisdom, beauty, and creative ability are unfolding themselves more and more throughout my being with every passing moment.

God's wisdom illumines my mind; His life and vitality continually flow throughout my body; His divine image within me is constantly molding the cells of my flesh into His own likeness.

I am a spiritual being, made in the image and likeness of God.

♣ *Man . . . is the image and glory of God.*—I COR. 11:7.

MAY 22

Wednesday

I LOOK BEYOND WHAT SEEMS TO BE TO THE
RADIANT PRESENCE OF GOD.

TODAY I will not let myself be discouraged by appearances of lack or limitation. I will look beyond what seems to be to the radiant presence of God which shines within.

When symptoms of disease are evident in my physical organism, I will look beyond the body of the flesh to the radiant spirit of the healing Christ within, and my upward vision will draw this healing presence into manifestation.

When decisions must be made, when everywhere I turn there is a blank, and when no answer seems to come, I will look beyond the darkness to the Mind of Christ that shines within, and draw forth the luminous ideas I need.

Whatever the outer appearance of lack or limitation, I will constantly look beyond what seems to be to the all-adjusting Spirit of God that *is*.

♣ *For as many as are led by the Spirit of God, these are sons of God. For ye received not the spirit of bondage again unto fear; but ye received the spirit of adoption, whereby we cry, Abba, Father. The Spirit himself beareth witness with our spirit, that we are children of God.*
—ROM. 8:14, 15, 16.

Thursday

MAY 23

"SPEAK, LORD; THY SERVANT HEARETH."

TODAY I take time to listen to God. When I am finished with my words of prayer, I pause for a moment and incline my ear toward Him and wait expectantly for whatever inspiration He may have for me.

Instead of simply declaring that "God is my health," I ask the Father for guidance in maintaining my health, and I listen for this guidance, which comes to me in the form of ideas that I can act upon.

Instead of simply declaring that "God is my supply," I ask Him for ideas that will make me more prosperous. Then I listen within for these ideas.

God knows the perfect answer to every situation in my life, and He will unfailingly reveal that answer to me as I keep my inner ear attentively attuned toward Him.

I speak to my Father and pour out my heart to Him. Then I listen.

♣ *Incline your ear, and come unto me; hear, and your soul shall live . . . ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing.—ISA. 55:3, 12.*

MAY 24

Friday

I DELIGHT IN EXPRESSING THE RADIANT JOY
OF SPIRIT.

JOY is a perfect antidote for gloomy, negative thoughts. A joyous heart betokens a cheerful, harmonious frame of mind, animated with divine enthusiasm, a mind that always expects the best from life.

Pure, unalloyed joy is a stimulating attribute of God. Its foundation is spiritual. Joy does not emanate from superficial things. When we become deeply aware of the indwelling Christ presence we realize with great joy that God is our divine center of all good. The spirit of perfect joy pulsates through our being, renewing our minds, and energizing our bodies.

Each day as I count my blessings from God my heart is full of joy and gladness. I give thanks to the Father that He is blessing and guiding me. As I behold God's loving-kindness pouring into my world, my heart overflows with joy and thanksgiving.

Serve Jehovah with gladness:

Come before his presence with singing. . . .

It is he that hath made us, and we are his.

—PSALMS 100:2, 3.

Saturday

MAY 25

MY LIFE AND AFFAIRS ARE BLESSED WITH
THE SPIRIT OF DIVINE ORDER.

ALL THROUGH this day I will keep in mind the idea that my life and affairs are blessed with the spirit of divine order. I will make this idea a part of my life by putting it into action.

I now declare that the spirit of divine order prevails in all that concerns me. I bless my home, I bless my dear ones, I bless my work, I bless my world with this idea. Divine order means a perfect balance; it means a right relation of all things; it means the accomplishment perfectly and on time of every task before me. I now give thanks that in everything I do this day the spirit of divine order moves through me to bless the thoughts of my mind, the feelings of my heart, the work of my hands.

The spirit of divine order is the Spirit of God in expression. I know that because God is with me, because He works in and through me, order and beauty are in everything I do.

My life and affairs are blessed with the spirit of divine order.

♣ *He is before all things, and in him all things consist.*
—COL. 1:17.

MAY 26

Sunday

I AM NEVER ALONE. THE CHRIST SPIRIT ABIDING IN ME GIVES ME COMFORT AND PEACE.

THERE ARE times in human experience when we feel utterly alone. We may feel that our grief is more than we can bear. In such a time if we will remember that we are never alone, that nothing can possibly separate us from the comforting presence of the Christ within, we will be sustained, strengthened, and comforted.

Hope and renewed courage well up within our hearts as we turn in quiet prayer to the Christ within. As we pray and hold steadily to our faith in His abiding love, a feeling of peace and comfort sweeps over us. We gain the inner assurance that we are not alone. The Christ Spirit of peace abides with us eternally.

God loves us with an everlasting and abiding love. He gives us the peace, comfort, and strength we need to face the future full of faith and unafraid.

We are never alone. Always God is with us, always His Spirit in us pours new joy into our being.

✦ *I will pray the Father, and he shall give you another Comforter, that he may be with you for ever.*—JOHN 14:16.

Monday

MAY 27

I EXPRESS GOD'S LOVE, WISDOM, AND GOOD JUDGMENT IN ALL MY DEALINGS WITH OTHERS.

I WANT to express God's love, wisdom, and good judgment. Before I act, before I speak I ask myself, "Is it loving? Is it wise? Is it kind?" The Father within me gives me the answer. He fills my heart and mind with His love, wisdom, and good judgment and directs me into paths of harmony and peace.

By recognizing God's way and putting it into practice in my life, I find that I am happy and content and that I spread an atmosphere of love and harmony wherever I go. Other persons are blessed by the love I radiate, and they respond by blessing me.

As I express God's love, wisdom, and good judgment I find that more and more good flows into my life. I see God's children as He sees them, whole, perfect, harmonious, and loving.

I express God's love, wisdom, and good judgment to all whom I contact today. They are blessed and I am blessed.

♣ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

MAY 28

Tuesday

I WELCOME CHANGE AS AN OPPORTUNITY TO
REALIZE GREATER GOOD.

THE desire for greater good in our lives inevitably brings about change in our experience. To accept change is not always easy, for the human heart clings to the familiar and the comfortable. The old ways seem easier because we know them well, and the new ways seem difficult because they hold a challenge to our faith, our courage, our ability to learn. But because of this very challenge, change is really an opportunity to realize greater good.

While change comes to each of us and new ways take the place of old, there is one center of security that is unchanging—God, the principle of good.

As the open door of opportunity calls us from familiar and comfortable conditions into strange places and new ways, let us put our trust in God and in the changelessness of His good. Then we shall feel secure enough to welcome outer changes for what they are—opportunities to realize greater good.

♣ *Behold, I have set before thee a door opened, which none can shut.*—REV. 3:8.

Wednesday

MAY 29

I AM NOT DISMAYED BY ANY SITUATION. I QUIETLY TURN WITHIN AND TRUST THE SPIRIT IN ME TO ADJUST EVERYTHING.

I REFUSE to be dismayed by any situation because I know that within me is a Spirit which can guide me safely through. Nothing is too complicated for the Spirit within me to solve easily and beautifully.

The Spirit within me can heal every disease, dissolve every fear, adjust every inharmony; but it is necessary for me to keep my mind turned quietly but firmly within toward this almighty presence.

Every time my attention wanders to the disturbing appearance, I will gently draw it back to the radiant Spirit within me, and remind myself that Christ in me is taking care of everything.

I do not need to know how to meet the challenge; I simply have to know that the Spirit in me knows, and keep reminding myself of this truth.

The indwelling Christ will unfailingly work the miracle of deliverance through me.

✦ *Fear not ye, neither be dismayed . . . for the battle is not yours, but God's.*—II CHRON. 20:15.

MAY 30

Thursday

I REJOICE THAT MOMENT BY MOMENT GOD IS
POURING INTO MY MIND NEW LIGHT TO LIVE
BY, THINK BY, AND GROW BY.

I AM a spiritual being, a glorious, triumphant,
all-conquering child of God. I am a spirit-
ual being, unfettered and unbound. I accept
this Truth.

No longer will I expend my mental and emo-
tional energy in dwelling on past discord and un-
happy experiences. This moment God is pouring
into my mind new light and understanding. I
willingly withdraw my attention from the past
in order to receive new revelations of Truth to
live by, think by, and grow by. I turn to the light.
I walk in the light.

I rejoice that moment by moment God's light
reveals to me how I can make my life rich and
beautiful, purposeful and fulfilling. I am a spirit-
ual being. I rejoice that my acceptance of this
Truth enables me to set my feet on the pathway
of new, ever-expanding, enriching experiences.

Moment by moment I am given life, faith,
strength, and courage.

♣ *Forgetting the things which are behind . . . I press
on toward the goal.*—PHIL. 3:13, 14.

Friday

MAY 31

I STAND FAST IN GOD, AND MY INNER PEACE
IS SECURE.

THE ONLY security, real security, is an inner security, an inner peace based on faith and love and knowledge of God. From this inner security comes the strength with which men have endured imprisonment and torture with calm, have lived serenely in the midst of personal, national, and international conflict and violence. With inner peace comes spiritual power that cannot be overcome by any outer force whatsoever.

So I seek each day to strengthen my own security, to become more firmly rooted and grounded in God. Is my faith limited? I pray that the reins that hold it back may be loosed so that my faith may press forward to encompass all. Do I live in a constant awareness of the presence of God? I seek to do this more completely each day until I am always everywhere with God. Do I really love God and my neighbor? I seek consciously to hold this love more deeply in my heart and to let it be expressed through me.

♣ *Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.*

DIRECTORY OF UNITY BOOKS

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A Bit of Whimsey for the Young in Heart

This month *Wee Wisdom* has a charmingly whimsical story to tell—all about a house with personality plus! In "The Happy House," Frances Forbes Heyn tells about a neat little house with a smiling face whose only desire was that a happy family would come to live in it. However, nobody seemed to notice it as they hurried to and from their work. The little house wished and hoped with all its might and some exciting things began to happen. You will enjoy reading this delightful story to a child this month.

It often happens that children recognize possibilities adults have overlooked. This is the case in a two-part serial entitled "Crooked-Street Club" that begins in the May *Wee Wisdom*. In it, Olive Rambo Cook tells how a group of children inaugurate a campaign for transforming the city dump into a place of beauty.

Wee Wisdom offers just what a child hopes to find in his favorite magazine: the best in stories, poems, prayers, projects, and wonderful features and departments.

A year's subscription to *Wee Wisdom* is priced at \$2.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

HOW TO IMPROVE YOUR LIFE

You are invited to join in the Unity Summer Demonstration Program this year. "How to Improve Your Life" is its theme, and Truth students everywhere will unite in praying and working toward that goal.



The book *Special Methods for Attaining Spiritual Mastery*, by George LeRoy Dale, has been chosen for this program. Doctor Dale, the highly-esteemed Registrar of the Unity Training School, gives in this book much valuable help toward overcoming everyday infractions of spiritual law where we fail to measure up to the Truth standard. This book offers sixteen "how-to" chapters, several introductory chapters, plus more than twelve question-and-answer chapters on habits that we may wish to overcome.

A special guide booklet titled *How to Improve Your Life* has been prepared for the program and accompanies the book without charge. *Special Methods for Attaining Spiritual Mastery* is \$1. Why not order your copy today and join in this program?

(If you already have the book, you may have the guide free on request.)

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"I HAVE MONEY LEFT ON PAYDAY"

"Since my Prosperity Bank arrived," writes a friend in Pennsylvania, "I have had at least five dollars left in my purse each week on payday, before I got paid!"

Many persons find that following the Bank plan helps them to use what they have to better advantage, as well as to increase their income. As you follow the plan you deposit a coin in the Bank each day for seven weeks, and Silent Unity prays with you for your prosperity. At the end of the drill period the amount you save may be used to pay for the subscriptions you order on the coupon below.

Unity School of Christianity, Lee's Summit, Mo.

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MOTHER'S DAY IS MAY 12

Have you ordered your Unity gift literature for Mother's Day? If not, here are some of the items that you will want to consider:

MAGAZINES

High on the list of Unity favorites for Mother's Day are **DAILY WORD**, *Unity*, and *Weekly Unity*, each modestly priced at \$1 a year. **DAILY WORD**, as you know, and *Unity* are published monthly, while *Weekly Unity* comes each week.

BOOKS

How to Let God Help You and *Myrtle Fillmore's Healing Letters*—these two books by Myrtle Fillmore, the "Mother of Unity," make especially nice Mother's Day gifts. Either is \$1 a copy.

Be! (poetry and prose by James Dillet Freeman), *Best-Loved Unity Poems*, and *Favorite Unity Radio Talks* also are always welcome. Any of these three books is \$1 a copy.

You should mail your order today if you wish to have it in time for Mother's Day, May 12.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

May Canticle

JAMES DILLET FREEMAN

Now sunlight's seamless robe
Enwraps the glowing globe
In holiday attire.
The world becomes a choir:
The budding woods are green
Hymns; even the unseen
Air, light-suffused and calm,
Rolls round us like a psalm.
And shall my mind not be
As much as bird or tree
A canticle of praise?
Do I too not have May's
Delight in livingness
And shall I laud God less
Than flowers that pour their notes
From fragrant meadow throats?
The Lord of love and spring
And joy-in-life I sing.

